

# DAILY WORD



A UNITY PUBLICATION  
FEBRUARY 1947

# Class Thoughts

**PEACE . . .** In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

**PRAYER FOR WORLD LEADERS:** Through the Christ mind you are unified in thought and purpose for the good of all humanity.

JAN. 20 to FEB. 19

**ILLUMINATION (11 a. m.):** Christ radiance lights my mind, and I see with the inner eye.

FEB. 20 to MAR. 19

**ILLUMINATION (11 a. m.):** Thy never-failing light illumines my mind, and I see the Truth.

**PROSPERITY (12 noon):** The divine activity of the Christ mind transforms and prospers my life and fulfills all my needs.

**PROSPERITY (12 noon):** Divine love is the magnet that draws my good to me, and my prosperity is assured.

**HEALING (9 p. m.):** The healing rays of the Christ light penetrate soul and body, and I am healed.

**HEALING (9 p. m.):** My heart overflows with Thy health-giving love, and I am made whole.

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# DAILY WORD

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## In This Issue

The Heart Will Find Its Own—*James Dillet Freeman* - 2

Live in the Present—*Charles Fillmore* - - - - 9

Poems: Irradiance—*Ernest C. Wilson* - - - - 8

Power without Limit—*Marian Parker* - - 15

The Window—*Pauline Havard* - - - Center

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## DAILY LESSONS FOR FEBRUARY

- |                 |                 |                  |
|-----------------|-----------------|------------------|
| 1. Freedom      | 11. Tolerance   | 19. God's Will   |
| 2. Joy          | 12. Blessings   | 20. Illumination |
| 3. Today        | 13. Son of God  | 21. Prosperity   |
| 4. Life         | 14. Love        | 22. Healing      |
| 5. Presence     | 15. Beholding   | 23. Giving       |
| 6. Confidence   | Christ          | 24. Change       |
| 7. Fearlessness | 16. Faith       | 25. Protection   |
| 8. God's Laws   | 17. Christ      | 26. Justice      |
| 9. Future       | Spirit          | 27. Peace        |
| 10. Guidance    | 18. Right Place | 28. Comfort      |



# The Heart

## WILL FIND ITS OWN

JAMES DILLET FREEMAN



**H**OW SWEET are the syllables that signify love! Heart has no deeper longing than to utter or hear uttered the words "I love you!" They are like the sight of land to a sailor long adrift.

Men pursue many ends—power and pleasure, riches and knowledge, health and fame—and they are worthy ends, but without love they are little more than a child's toys.

Without love this existence is life imprisonment. Until love sets us free, each of us is confined in the narrow prison of himself. Who has never felt that he is bound as by walls? Love bursts these walls of self and selfishness.

We seek and do not know what it is that we seek. Yet often a word would fill the emptiness, a touch would ease the ache. How little of love it takes to make a house of happiness out of a lonely heart!

We have seen love: in the look of a young man and woman; in the fingers of a mother fondling her baby; in the clasped hands of friends; in the bent back of an old priest bowed in the service of God; in the eyes of a student poring over treasured volumes; in the faces of soldiers marching in the ranks of hate; in the patience of a biologist peering through his microscope; in the beauty and order of the universe that is the sign of God's love for us.

What is love?

To understand love, as to understand God, one must experience it. Some seek popularity believing that this approval of people in general is love, but love is more than popularity. Others seek prestige believing that this is love, but love is more than prestige.

For above all love is a sharing. Love is a power. Love is a change that takes place in our own heart. Sometimes it may change others, but always it changes us.

To love is to find happiness in making others happy. It is to understand what others think and

feel and need. It is to say and do the things that make them eager to be with us; and to do these things not for effect but because it is natural for us to do them.

It is to know the imperfections of others yet see them perfect.

It is to know their weaknesses yet see them strong, and because of our vision and our faith to make them stronger than they are.

It is to accept others as they are; and when they fail our aspirations for them or spurn our outstretched hand, to keep open the door of our heart.

It is to appreciate the importance of others and to help them appreciate their own importance.

It is to grow into the heart of others and to become a part of their life yet not bind their heart nor circumscribe their life.

It is to lose ourself in something greater than ourself, as a small spark loses itself in other sparks and becomes a star.

There is no unworthy love. The object of love may be unworthy. But love is the supreme beauty, the final joy. Even if sorrow comes with love, love makes us able to meet it and transfigure it, to rise through it as we could not have done had we never loved.

When men are in love—with an idea, a person,

people, God—they walk upon the pinnacles of life. They are lifted out of themselves and become something more than they have ever been before.

Some are afraid to love, afraid lest their love be unreturned, afraid lest someone catch a glimpse behind their careful mask. It is true that love will lift the mask—but how gentle are the eyes of love! To be afraid to love is to be afraid to live.

Some say that they love God but not men. But how can we love harmony and not music? How can we love light and not the morning? How can we love nature and not the spring? How can we love God and not the likeness of God, which is man?

When some feel that they have love, they have only a word. It is easy to say that we love strangers when they are far from us or that we love God when He is but a shadowy abstraction. But when the stranger knocks on the door of our heart and cries, "Share!" when God becomes the disturber in our soul who answers, "Serve!" then we shall find out if we truly love.

Some want to love but do not know how. They are like children who wish to make music but have not mastered any instrument. They have not learned; but one can learn to love. The beginning of love is giving.

To him who has never given it is not easy to

give. Let him begin by giving but a little. Let him give a smile where he would have passed unheeding. Let him give a kind word where he would not have spoken.

If you will take one faltering step, love will rush to meet you and bear you on. For love is the great giver.

Do you wish to find your soul? You must lose it. Do you wish to be the master of life? You must be its servant. Do you wish to receive love? You must give it.

Receiving is a pleasure, but giving is life itself. It is only by giving himself away that a man grows.

The mind that withholds its wisdom, the strength that refuses the burden is like a wasteland, sterile and meaningless. It is not because it never receives fresh supplies of water but because it has no outlet that the Dead Sea is dead. If the sun should stop giving its light, it would become only another dead star.

Man may be a chaos or a cosmos. He may succumb to hate and death or rise to love and life. Love is mightier than hate. Life is stronger than death. To learn to love is to learn the secret of life.

There is a power that links the earth and sun and binds the stars together into galaxies, a power



that binds the segments of life into a perfect whole. Alone in our little self, we feel our incompleteness. We know in our heart that we are a part of something more.

Love is the power that links the lonely islands of men's souls, beaten by icy separating seas of ignorance and fear and circumstance. Love is the power that links us all in God, as all the islands are linked in the earth. Yet love is not a chain. Love is completion.

The river runs into the sea, and its waters mingle with the waters of the sea. The sea is not the river and the river is not the sea. Yet who can separate one from the other?

O God of love, You are the sea and we are a river flowing to the sea! Who shall say which is the river and which is the sea?

You are a flame and we are steel tempered in the flame! Who shall say which is the steel and which is the flame?

You are fulfillment and we are desire! Who shall say which is the desire and which is the fulfillment?

You are spirit and we are flesh! Who shall say which is the flesh and which is the spirit?

For this is the mystery and miracle of love, that we are separate yet we are one! and the heart, though it must overleap eternity, will find its own!

## *Irradiance*

Oh, fill me with Thy presence, Lord,  
That love may shine through me  
To quicken that same presence, Lord,  
In all whose eyes can see.

Oh, fill me with Thy presence, Lord,  
That wisdom may be mine  
To share Thy light with all who need  
To let their own light shine.

Oh, fill me with Thy presence, Lord,  
To guide what power I wield,  
That it may ever strengthen good,  
And be from ill a shield.

"Oh, fill me with Thy presence, Lord—"  
But need I longer wait?  
Thy presence hath been given me,  
To live and radiate!

—*Ernest C. Wilson; Best-Loved Unity Poems.*

## *Live in the Present*

IF THERE is one thing above any other that Christianity teaches, it is that we should live in the present and forget the past. Jesus Christ laid special emphasis upon this, and Paul expressed his intention of "forgetting the things which are behind, and stretching forward to the things which are before," that he might "press on toward the goal unto the prize of the high calling of God in Christ Jesus." "Stretching forward to the things which are before" is not an exact interpretation of the text. The real meaning is that of looking to the ideal, the spiritual consciousness. The ideal is realized by keeping the eye steadily fixed upon it.

The teaching that man should live neither in the past nor in the future is based on divine law; and we can readily understand this law; in the light of the law, we see why it is that the Scriptures so persistently teach that today is the day of salvation. The law is that through the power of his thought man makes all his conditions.

Suppose you get the habit of living in the past and attaching yourself to the old forms. If you dwell on your former good, and bewail present conditions, you waste the substance of your thought on that which has no reality.

We are living in a new age, and something grander for man is unfolding. Put yourself in line with the new age and go forward.

This earth will be transformed through the understanding and righteous use of the power of thought. The wellspring of life will bubble up from within, and men will know that they live in omnipresent energy. The whole substance of their thought will be given to the full, free, glad expression of life at every moment, and none of it will be wasted in vain regrets for the past. The present contains all possibility.

If you have even a partial understanding of the power of thought, you will not talk about the past. You are Spirit, and you never had a past. You are I AM, and both the past and the future are concentrated in your now. You never were born; you never will die. You had no beginning; you will have no ending. These statements are absolutely true of the Spirit, whose image and likeness you are. Then why not "walk by the Spirit"? If you talk about your physical birth, your age, your childhood and youth, you are gluing yourself to those conditions, and you will be bound to them until you deny them away.

Now is the accepted time, and now all things can be done. By thinking about all things as now present you focus your thoughts in the now, and

this concentration brings large results.

Effects in your world have their causes primarily in you. Affirm that your good is omnipresent. Send the word through your mind, body, and affairs, and be perfectly willing to respond to its quick action in you.

Through the power of the word working in you Christ in you is brought forth. The coming into consciousness of this Christ man need not be a slow process requiring ages. It is a matter of understanding and is under no bounds of time.

Time is the measure of events and has no reality such as has been given to it. The events are the main thing and they should always be so recognized, else the measure of them assumes undue importance. Time, or rather the wrong idea of time, has become a god. To worship it destroys dignity, calm, and self-possession, and causes indigestion and nervous troubles.

The spirit of hurry can be overcome by quietly declaring: "I am not in bondage to any false ideas of time. I, with God, inhabit eternity and the divine order manifest throughout God's universe is manifest in my mind and in all of my affairs."

Dwelling in thought upon the past, living over and over again its pleasures or its sorrows, its joys or its disappointments, steals the substance and the energy that should be utilized in making the

most of the present. Looking constantly to the future, either in worry and anxiety or in eager anticipation, does the same thing. There is no way by which more strength and consciousness of vigor are wasted than by the habit of using up thought substance in speculation upon the past and the future. The organism suffers, and people grow old when they rob themselves of the forces of the present by dwelling much in thought upon the past and the future.

Joy, health, peace, plenty, and all other forms of good are yours now. If you will quit dedicating them to yesterday or to tomorrow and will make your faith and true words dynamic by giving the substance of your thought to the present moment, you will bring good into manifestation. "Behold, now is the acceptable time; behold, now is the day of salvation." Add the word "now" to all your affirmations and denials. You cannot receive your good by saying and thinking that your prayers will be or may be answered at some time in the future. The faith that is the assurance of things hoped for and that brings these things into manifestation is present-tense faith—the faith that gives thanks that you have received now that for which you have asked, even while as yet there is no visible manifestation.

Jesus said at the grave of Lazarus: "Father, I

thank thee, that thou heardest me. And I knew that thou hearest me always." He spoke these words before there was any outer sign of the fulfillment of His word of life. He knew that in Spirit the work was done. It was as real to Him as though it were already manifest in the outer—and it came to pass. Your realization of Truth will grow clearer and stronger in you as you learn to live more and more in the present.

God will take care of the past and of the future if you will place them in His hands. He also will enable you to realize the wonderful possibilities of the now if you will center your thought in Him and be determined to quit letting the thieves of yesterday and of tomorrow steal your energies, which should be concentrated in today's living.

Many of the things that man is so deeply concerned about are things that do not come to pass at all—the dangers, troubles, and failures of tomorrow. "Today is the tomorrow we worried about yesterday, and it never happened" is an old saying that fits well in the experiences of many persons. Today always brings certain possibilities that can be fulfilled without worry or anxiety if you give the substance of your thought to the present. Jesus said: "Be not therefore anxious for the morrow: for the morrow will be anxious for itself." Today contains enough to keep you

busy; enough opportunities for using the talents that God has given you; enough to keep you happy, if you but serve and do to the best of your ability. Try living and putting into practice your understanding of Truth each moment, being not anxious or disturbed about anything, and realizing that divine harmony is omnipresent, establishing divine order in all your affairs. This is a most interesting game. If you make a mistake at any time, remember that every moment is a new starting point. The poise, dominion over self, and real pleasure that come from a single today lived in this way inspire you to make each day, as it comes, one joyous and constructive now.

This living one's life now is surely the moral of Jesus' teaching in "Consider the lilies of the field" and "Behold the birds of heaven. . . . Are not ye of much more value than they?" Living in the now strengthens trust and confidence in the Father, who knows that we need food and raiment and "all these things." The life however is more than food; and the body is more than raiment. It is more necessary that we become established in the consciousness of omnipresent life and Truth than that we demonstrate outer things. It is more important for us to attain a right mental attitude than it is to look to the expression side of existence.—*Charles Fillmore.*





## *Power without Limit*

MARIAN PARKER

His power is in each word and deed,

In everything I do ;

How can I fail or falter then

At some task hard or new?

No work He has designed for me

Can be beyond my power

When all His mighty strength is mine

To draw on every hour.

His courage, strength, and fortitude,

His judgment clear and true,

Are mine to use in endless flow,


In everything I do.

So nothing daunts me, for I know

That I need never quail ;

That God's great power is mine to use,

And God can never fail.



# Saturday

FEBRUARY 1

I AM FOREVER FREE FROM ANY LIMITATIONS THROUGH MY REALIZATION OF THE POWER OF SPIRIT WITHIN ME.

**W**ITHIN you is the Christ Spirit of freedom, which is mightier than any limitation. You can never be held in any kind of bondage when you realize the power of Spirit to set you free.

If you have felt burdened or bound by limitation in any form, you can free yourself now by acknowledging the power of Spirit within you. Instead of seeing yourself bound and restricted by any condition within you or about you, see yourself as you are in Truth, free and powerful Spirit. No person or circumstance can hold you back when you recognize and acknowledge that you are eternally free.

As you become really free in your mind, all the limitation in your life will disappear. When you are no longer in bondage to limiting beliefs, you will no longer be in bondage to limiting conditions and you will become conscious of your true freedom in Spirit.

✿ *If ye abide in my word . . . ye shall know the truth, and the truth shall make you free.—JOHN 8:31, 32.*

## Sunday

THE JOY OF THE LORD IS MY STRENGTH AND  
MY SONG.

THE TRULY joyous man knows a quiet source of joy in the deeps of himself. It is a perpetual spring, one to which he always has access.

The man with deep, abiding faith in his heart is the truly joyous man. He is the man who knows the blessing of well-being, who knows the warm, healing qualities of God's love, who walks the paths that God would have him walk, in beauty and loving companionship.

God's way of life is a joyful way. The man who knows and follows the law of God, knows harmony throughout his being; his feet follow a marching song that is never tiring, and his heart beats to the good tunes of happy living. The joy of the Lord is his strength and song.

God's way of life is a beautiful way. There is abundance in it to be shared; there is nobility in it and splendor; there is life and love and peace and joy in God's way of life.

*But his delight is in the law of Jehovah;  
And on his law doth he meditate day and night.*

—PSALMS 1:2.

# Monday

FEBRUARY 3

I WILL BE TRUE TO GOD TODAY, AND HE  
WILL SET MY FEET ON PATHS THAT ARE SURE,  
UNDEFEATABLE, HAPPY, AND BLESSED.

**T**ODAY is a new day in which I will be true to God hourly, momentarily. I will be true to God's perfect self in me, the better self that I want to be and that I know I can be with God's help.

Every time I let go of erroneous thoughts a new vision of perfection is opened to me. I have a new outlook on life, a new understanding of God and myself. If I have fallen, I pick myself up and go forward, guided not by limited, human perspective but by God's infinite sweep of vision. I look back only to bless the experiences that have brought me to this new day. I look forward, knowing that God sets my feet on paths that are sure, undefeatable, happy, and blessed.

As I keep my thought and action true to Him the way becomes plain before me. In every experience I discover the unfailing goodness of God.

☛ *But one thing I do, forgetting the things which are behind, and stretching forward to the things which are before, I press on toward the goal unto the prize of the high calling of God.—PHIL. 3:13, 14.*

FEBRUARY 4

Tuesday

I AM FILLED WITH INFINITE JOY THIS DAY,  
FOR I KNOW THAT GOD IS MY LIFE.

**G**OD is my life. God is the eternal, unchanging truth of my being. His vitalizing presence permeates the air I breathe and the food I eat. His harmonizing, renewing, cleansing activity regulates every function of my body. His restoring power is constantly at work when I am asleep, and He provides me with sufficient strength for every task.

God is my life. Every time I think of my body I know it to be spiritual in substance. I bless it with thoughts of strength, vitality, harmony, and renewal, and I affirm that its response to these thoughts is instantaneous. My body is nourished and perpetuated by His eternal love and life.

God is my life. The passing of time can in no way interfere with the healing and renewing processes of life in my body; for God is all that life is, and God is unchanging health and perfection. Every moment of every day I am changing only from glory to greater glory, from life to more abundant life.

✿ *He that eateth this bread shall live for ever.*—JOHN 6:58.

# Wednesday

FEBRUARY 5

I AM DAILY BLESSED AND SUSTAINED THROUGH MY REALIZATION THAT GOD, THE GOOD, IS THE ONLY PRESENCE AND POWER IN MY LIFE.

THROUGH your realization that God, the good, is the only real presence and power in your life, you can begin today to change your entire life for the better. Whatever the appearances may be at the present time, whatever limitations you may be expressing in your mind, body, and affairs, you can transform conditions by transforming your thoughts.

By acknowledging God as the one presence in your body you dismiss thoughts of imperfection, and health and wholeness are established in your body. By keeping your mind stayed on God as the true source of your supply you do away with thoughts of lack, and abundance is made manifest in your affairs. By abiding in the realization of God's all-infolding love, you leave no room in your mind and heart for unhappiness and inharmony, and you become filled with peace, joy, and true satisfaction.

✿ *Consecrate yourselves to-day to Jehovah . . . that he may bestow upon you a blessing.—EXOD. 32:29.*

"I CAN DO ALL THINGS THROUGH CHRIST  
WHICH STRENGTHENETH ME."

**N**O MATTER what I am called upon to do today I will say to myself, "I can do all things through Christ which strengtheneth me."

I will not say, "I am too tired." I will not say, "I do not know how." I will not say, "This is beyond me." When thoughts like this come to mind I will rise above them by realizing that there is a self of me that is never tired, never confused, never defeated. The Christ Spirit is my higher self. It is the source of my strength and power, my wisdom and guidance. I can do all things through Him.

I may doubt my human ability, but I do not doubt my Christ ability. Through Christ in me I can do all things, be all things.

I may wonder if I am wise enough to make right decisions, but when I open my mind to the light and understanding of Christ I know that I shall arrive at right answers, that I shall make wise decisions.

✱ *I can do all things through Christ which strengtheneth me.*—PHIL. 4:13 (A. V.).

# Friday

FEBRUARY 7

I STAND STILL AND SEE THE SALVATION OF  
THE LORD IN MY LIFE TODAY.

I SEEK today to dissipate every thought of fear. I stand still, and in the quietness of my communion with God I know salvation and I am filled with a fearless spirit.

When I turn to God I feel His strength descend upon me as a protecting mantle. In the quietness I am sheltered from all harm as though by mistlike wings that give warmth and comfort. In deep trust I know His protection and His love, and my heart has no room for anything else.

I know that if I feel the cold winds of fear in my heart it is not that God has forgotten me but rather that I have forgotten to seek Him, that my thoughts in turmoil have become so noisy that I can no longer hear His voice counseling and guiding me.

I plan for my day periods of quietness, when I may commune with God and learn His plan. In faith I go to Him, and I am girded with His strength. I stand still and see the salvation of the Lord in my life today.

✿ *Fear ye not, stand still, and see the salvation of Jehovah.*—EXOD. 14:13.



FEBRUARY 8

Saturday

I UNDERSTAND GOD'S LAW OF GOOD, AND  
I AM BLESSED.

**I**F I AM troubled at heart about anything, I shall seek greater understanding of God's law of good governing it.

If I feel misunderstood, I need to meditate on the law of love. I need to realize first of all that God loves me and understands my heart even better than I understand it. If other persons do not seem to understand me, if my motives do not seem to be correctly interpreted, I shall pray for light so that the things I say, the things I do may be true to the spirit of love that I feel in my heart.

If I am unhappy about the conduct of other persons, I need to meditate on the law of freedom. I need to realize that even as I myself must have freedom to live my life so I must be willing to allow other persons freedom to follow the dictates of their own heart.

As I think about God's good laws throughout this day I shall be using the Truth, and I shall be blessed with peace of mind and happiness of heart.

\* *Great peace have they which love thy law: and nothing shall offend them.*—PSALMS 119:165 (A. V.).

# *The* WINDOW

PAULINE HAVARD

There is a wide, clear window in my soul,  
Through which my beauty-loving eyes can look  
And see the wings of swallows drifting by  
Even though it's winter; even though the brook  
Is a thin thread of glass across my field.  
God is the one who makes this shining pane,  
This wide, clear window in my soul;  
He is the one who makes such beauty plain.  
Never a day but I can see a bright  
Landscape, where sunlit bird wings dip and dart;  
Never a day but I can feel the power  
Of beauty that's reflected in my heart.

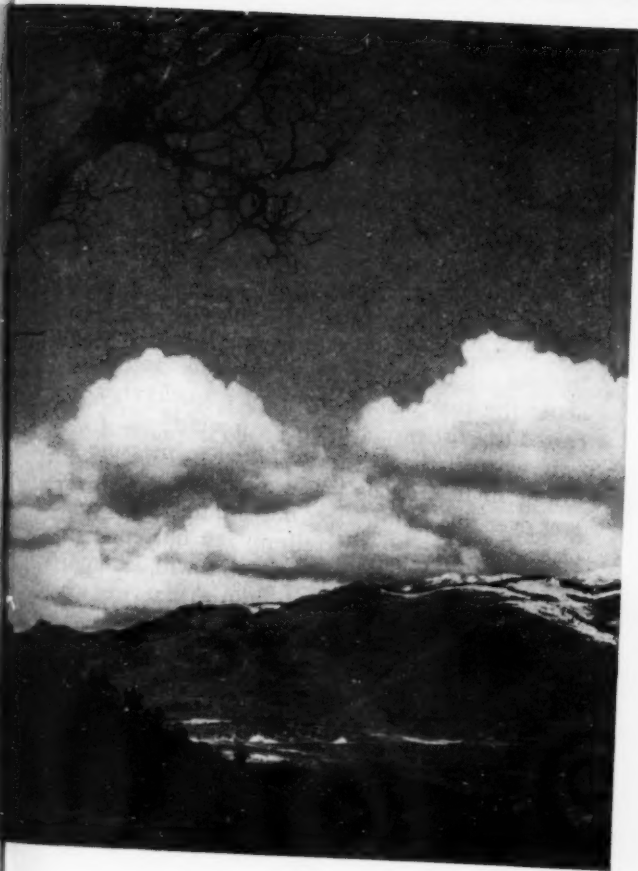
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# Sunday

FEBRUARY 9

FORGETTING THE THINGS THAT ARE BEHIND,  
I FACE THE FUTURE JOYOUS, FREE, AND UN-  
AFRAID.

THE WAY to forget the past is to live in the present. Yesterday's unhappiness cannot haunt us if we are absorbed and interested in the life that is before us today.

We cannot forget the past if we continually talk about it, for in a sense we live where our thought is, and if we think and talk continually about the past we are living in a world that has ceased to exist except in our own mind.

If we feel that we have failed to measure up to our highest ideals in the past, our present regret over this failure does not add to our progress or erase the feeling of failure. But our efforts to live today to the best of our ability will automatically overcome feelings of failure that we may have carried over from yesterday.

Let us remember that God loves us today, that He has always loved us. Let us forget the things that are behind and face the future joyous, free, and unafraid.

✿ *Forgetting the things which are behind, and stretching forward to the things which are before.*—PHIL. 3:13.

I PLACE MY HAND IN GOD'S, KNOWING FULL  
WELL THAT HE IS GUIDING ME AT EVERY  
STEP OF MY WAY.

I REJOICE this day, for I know that the loving Spirit of God is in complete charge of my life. I know Him to be the living intelligence that inspires, instructs, and directs me; and so in the presence of any decisions to be made I turn to Him in perfect trust. Somehow, somehow, either through direct inspiration, book, or person, He reveals the right step for me to take.

When any problem of whatsoever nature perplexes me in any way, I silently turn within to God, knowing my oneness with His omniscient mind, and the perfect solution is always there. If I am unaware of some habit of thought or action that is proving detrimental to my welfare, I know that His love will correct my ways and direct me to more profitable and beneficial paths.

I have perfect faith in the guiding power and presence of God in me. I know that He is ever at the helm of my consciousness, eager to pilot me into the safe and peaceful waters of life, and so I look to the future with joy.

♣ *He leadeth me beside still waters.*—PSALMS 23:2.

## Tuesday

FEBRUARY 11

I EXPRESS THE LOVING TOLERANCE OF JESUS CHRIST IN ALL THAT I THINK, SAY, AND DO.

**B**ECAUSE I realize that God is evolving every soul according to His perfect plan, I do not take it upon myself to judge rashly or to criticize unkindly. I know that all of us are as we are for a particular reason and that God is guiding, instructing, and unfolding every soul in the way that is best for that soul.

When others express opinions and beliefs that seem to differ from my own, I lovingly accept whatever appeals to me and gently lay aside that which I feel unable to admit into my consciousness. Every statement ever uttered finds a response somewhere; so why should I condemn what might be a blessing to another? God speaks through all of us, and He has a special message for every listening heart, so I constantly and lovingly listen for His particular message to me.

I rejoice in the freedom of expression and opinion with which I have been endowed, and I respect this same right in all others. Because I see only the Christ in all, I am tolerant.

☛ *He that loveth his brother abideth in the light.*—I JOHN 2:10.

MY HEART IS GLAD, AND MY JOY KNOWS NO BOUNDS AS I REALIZE THE GOODNESS OF GOD AND ACCEPT HIS BLESSING INTO MY LIFE.

ALL BLESSINGS come first in the form of ideas. If we are ill, the idea that it is possible for us to be well and whole and filled with strength and vitality gladdens our heart and gives us joy. As we accept this idea we are truly healed.

If we are without work and our finances are inadequate, the idea that there is a work for us to do where we are needed and where we can find satisfaction in service gladdens our heart and gives us joy. As we accept this idea, fear and doubt are dispelled, and we are blessed with supply and support.

If we are unhappy and long for love, the idea that there is satisfying love and companionship for us gladdens our heart and gives us joy. As we accept this idea, we give up any thought or feeling of unjust treatment or of loss and open our mind and heart to accept our own, and we draw to ourselves the persons and the experiences that will contribute to our happiness.

♣ *Thy words were unto me a joy and the rejoicing of my heart.*—JER. 15:16.

# Thursday

FEBRUARY 13

I AM AN ALL-WISE, ALL-LOVING, ALL-CONQUERING SON OF GOD. I REIGN SUPREME IN MIND AND BODY.

**M**Y DIVINE self is an all-wise, all-loving, all-conquering son of God. Humanly I may not always know the right course to take, but when I affirm that I am an all-wise son of God, new light is revealed to me and my way is made clear. I know how to solve every problem, how to handle every situation.

Humanly I may not be above feelings of resentment or ill will, but when I affirm that I am an all-loving son of God, I am lifted above unloving thoughts, and I know how to give expression to the love of God that is in my heart.

Humanly I may have feelings of fear, inadequacy, or failure, but when I affirm that I am an all-conquering son of God I am filled with courage and faith, I know that all things are possible to God, I know that because He is with me I cannot fail.

I am an all-wise, all-loving, all-conquering son of God. I reign supreme in mind and body.

*For ye are all sons of God, through faith, in Christ Jesus.—GAL. 3:26.*



FEBRUARY 14

*Friday*

I AM A CHANNEL FOR THE EXPRESSION OF  
THE INFINITE LOVE OF GOD.

**I**F WE WANT more love, peace, and joy in our life we must recognize that God has already given them to us, that they are a part of our divine nature. But we must express them, for these inherent God qualities are of no practical value unless they are used.

If we want a consciousness of love what do we do? We begin to think about love. The idea of love is the reality of love. People can fail to express love, but that does not change love. The idea of love in all of its fullness and perfection remains the same.

Love is already within you, but it must come forth into expression through your consciousness. Think about love. Feel love in your heart. Let it grow in your consciousness. In this way you become the channel for the expression of the infinite love of God.

Divine love is awakened in you today. It blesses you and makes you a blessing and a help to other persons.

☛ *God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.—II TIM. 1:7 (A. V.).*

## I BEHOLD THE CHRIST IN YOU.

“**I** BEHOLD THE Christ in you” is a good thought to carry in your mind as a blessing for other persons.

When you silently say to someone in need of help, “I behold the Christ in you,” you are saying, “I behold the perfection of God in you”; for the Christ in man is that self of him which is created perfect and remains perfect regardless of human experience or human failure.

If someone is ill or in want, if he is acting unwisely or unthinkingly, if he is unhappy or unloved, by affirming, “I behold the Christ in you,” you are recognizing the perfect Spirit in him that knows no limitations. Even though the person you would help does not know that he has a perfect Spirit in him, he will feel an awakening power and faith in his soul, and your faith will help him to rise out of his problem. He need never know that you have beheld the Christ in him, for in ways we cannot explain the Christ Spirit in man responds to faith and prayers are answered.

✿ *Christ in you, the hope of glory.*—COL. 1:27.

FEBRUARY 16

## Sunday

MY FAITH IN GOD IS THE OPEN DOOR TO  
EVERY BLESSING.

**I**T HAS BEEN said that when you have true faith you have everything. When you have a faith that sees back of all appearances the unchanging goodness of God, when you are willing to trust God for the solution of every problem, then it is indeed true that you open the door to every blessing you desire.

Faith in God's unlimited substance is the open door to the supply of your every need. Faith in God's ever-present strength and health is the open door to the manifestation of your perfect health. Faith in God's unchanging love and justice is the open door to peace in your home, happiness in your human relations, order and harmony in your affairs.

Use your faith today and every day. Remember that God is your unfailing help in every need. Trust Him. Know that He can do all things. He is always with you. His power is greater than any problem. Your faith is the open door, swinging wide to give you freedom. Your faith is the open door to every blessing.

✿ *I have set before thee a door opened.*—REV. 3:8.

# Monday

FEBRUARY 17

THROUGH THE TRANSCENDENT SPIRIT OF  
CHRIST IN ME I AM VICTORIOUS, TRIUMPHANT,  
AND ALL-CONQUERING.

**Y**OU ARE a radiant child of God created for all eternity in the image and after the likeness of His glorious perfection. The Christ Spirit that transfigured and resurrected Jesus Christ is now within the midst of your being. Christ is the light of your mind, the life of your body, and the harmonizer of your affairs.

If there is a seeming problem in your life, dear friend, do not be discouraged. Take heart. Lift up your eyes to the healing Christ presence within you. Nothing is impossible of accomplishment when you put your faith in Him. Nothing can cause you pain or discomfort when you know that this healing Christ Spirit is the very life and breath of your being. Christ is your strength! Christ is your deliverance! Christ is your victory! Affirm this. Believe it with your mind, your heart, and your soul, and the seeming inharmonies of your life, no matter what they may be, will vanish as the mist before the sun.

☛ *Be of good cheer; I have overcome the world.*—JOHN 16:33.

*Tuesday*

THE SPIRIT OF GOD WITHIN ME TEACHES ME  
AND GUIDES ME SO THAT I AM EVER IN MY  
RIGHT PLACE.

WHEN I consider that God loves me and is with me every minute of my life to enlighten and to bless me, I cannot doubt that I am where I am because there are important things here for me to learn. Rather than resist or resent my present place, I am willing to learn what it has to teach me.

I may need to learn how to give the best that is in me to the task in hand before I am qualified to go forward. I may need to learn to enjoy the present moment. I may need to learn the satisfaction that comes from work well done before I can fully appreciate the step ahead. I may need to develop a new skill or to perfect a technique before I am prepared to move on.

But because God is within me, ever urging me forward and upward, I can depend upon Him minute by minute, hour by hour, day by day to lead me surely and certainly into the place that is my own, where there is happiness, success, and fulfillment for me.

♣ *Enter thou into the joy of thy lord.*—MATT. 25:21.

# Wednesday

FEBRUARY 19

JOYOUSLY I PRAY, "THY WILL BE DONE,"  
KNOWING THAT GOD'S WILL FOR ME IS IN-  
FINITE GOOD.

WHEN WE see how much human parents desire good for their children, how can we ever doubt that the will of God for man is only good? Anything less than the will of God in man's life is imperfect and unsatisfying. Only God's will is perfect.

The highest form of prayer that man can pray is "Thy will be done." Only as man grows in understanding and in obedience to God however does he utter this prayer with sincerity and faith. Lacking in faith and not encompassing the vision of God, man grows impatient for his good. He thinks that the Father withholds His blessings, that He does not will happiness. Growth in understanding brings the realization that "eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him."

When man realizes this truth he prays joyfully, "Thy will be done."

☛ *If ye be willing and obedient, ye shall eat the good of the land.—ISA. 1:19.*

FEBRUARY 20

## Thursday

THY NEVER-FAILING LIGHT ILLUMINES MY MIND, AND I SEE THE TRUTH.—UNITY CLASS THOUGHT.

**T**HE LIGHT of Spirit is unfailing, and darkness cannot exist in the realm where God dwells. His light shines eternally, revealing His Truth in all its beauty and loveliness.

The never-failing light is the light of Spirit, divine illumination, the light that penetrates the darkness of ignorance, misunderstanding and prejudice and makes all clear, harmonious, and peaceful. When we are troubled, unhappy, or at a loss to know how to proceed, we need to call upon God, Spirit, for illumination. When we find the path we are trying to follow blocked by human opposition, we need more light, for there is something in the situation that we have not yet perceived. There may be another way that God is trying to show us, and the stumbling blocks may be blessings in disguise to help us find the right way. If not, and the way we are trying to follow is the right way, the way that God would have us follow, then the light of Spirit will show us how to overcome difficulties, and will make our path clear and bright.

✱ *Believe on the light.*—JOHN 12:36.

# Friday

FEBRUARY 21

DIVINE LOVE IS THE MAGNET THAT DRAWS MY GOOD TO ME, AND MY PROSPERITY IS ASSURED.—UNITY CLASS THOUGHT.

LOVE is the greatest attractive force in the universe, and when we express love in every thought, word, and deed, it acts as a mighty magnet that draws to us every good gift that we need or desire.

Because we are human and have not yet learned how to think in terms of unlimited and eternal good, we too often think of prosperity merely in terms of money. We feel that it is necessary for us to have a great deal of money in order to be prosperous, or that we are not prosperous at all unless we have more money than we know what to do with. But as students of Truth we learn that prosperity actually is far more than the finest things that money can buy, for it includes all the divine gifts that are in our Father's storehouse, namely life, wisdom, peace, plenty.

Let us assure ourselves of prosperity by becoming more loving in heart toward all men, and we shall draw to ourselves supply for every need of mind, soul, and body.

♣ *His love is perfected in us.*—I JOHN 4:12.



MY HEART OVERFLOWS WITH THY HEALTH-GIVING LOVE, AND I AM MADE WHOLE.—UNITY CLASS THOUGHT.

WHEN OUR heart is filled to overflowing with love for God, His children, His whole creation so that love pours out upon all without restriction or reservation, we are very near to the kingdom of God.

The love of God is pure and changeless, and it is the healing essence by means of which every condition of bodily imperfection or ill-health is eliminated and perfect health restored.

Perfect health and wholeness is more than an ideal state merely to be hoped for or wished for; it is a reality that we can attain by co-operating with God in expressing His love as fully as we can in every department of our life. If we need healing, God's quickening, vitalizing love welling up in our heart will restore us to health as rapidly as we are able to accept it.

Give thanks now that God's health-giving love overflows in you, and you are made whole.

✿ *Let us not love in word, neither with the tongue; but in deed and truth. Hereby shall we know that we are of the truth.*—I JOHN 3:18, 19.

# Sunday

FEBRUARY 23

WHEREVER I GO, WHATEVER I DO, I GIVE AND  
RECEIVE A BLESSING.

WHEREVER WE go, in whatever situation we are placed, it is possible for us to give and receive a blessing. When we once awoken to this truth we are eager to give the blessing that is ours to bestow, because we know that until we give our blessing we cannot receive the full blessing that the Father has for us.

When we give our blessing to every place and to every experience, we operate in accord with the law of good.

All life is based on giving and receiving, but we must give first so that there will be room for us to receive. Recognizing this truth life becomes a joyous experience, for we know that the more we give of blessings the larger is the vacuum created for the reception of good.

God works through human channels, and as we give ourselves freely to His service, we realize more and more of the joy of living, and life becomes glorious for us.

✱ *He that soweth sparingly shall reap also sparingly; and he that soweth bountifully shall reap also bountifully.*  
—II COR. 9:6.

*Monday*

I AM DIVINELY PREPARED TO LIVE HAPPILY  
AND SUCCESSFULLY.

**I**F YOU ARE faced with a change in your life and have feelings of doubt as to your ability to succeed in a new life, know that you are never called upon to meet anything that you are not divinely prepared to meet.

No matter how inadequate you may feel from a human standpoint, through your divine nature you are more than capable of coping with any situation. As you meditate upon the idea that you are divinely prepared for anything you may have to meet, you open yourself to new understanding, and if there are outer things you can do to prepare yourself for your particular place in the world you will be guided to do them. You will find it easy to handle new work, to learn new things as you approach them with a confident spirit and a mind free from self-condemnation.

There is no reason for you to fear change of any kind—change of work, change of home, change of locality—for you are divinely prepared to live happily and successfully, and bringeth him before great men.

• *A man's gift maketh room for him.*—PROV. 18:16.

# Tuesday

FEBRUARY 25

I HAVE FAITH IN THE LOVE AND WISDOM OF GOD TO PROTECT ME AT ALL TIMES AND UNDER ALL CIRCUMSTANCES.

I HAVE THE privilege of deciding for myself what I shall have faith in, and whether it is directed consciously or unconsciously, it is my faith that molds the circumstances of my life.

As I go about my duties of this day I can keep my faith centered in the love and wisdom of God within me and maintain an attitude of poise and peace, or I can center my faith in the ideas of injustice, loss, danger, inadequacy, or indifference and thus make myself susceptible to the result of holding these ideas.

As I center my faith in the love of God I know that all is well with me no matter what I am called upon to do or where I am called to go. As I center my faith in the wisdom of God I know that I have the keenness of intellect, the alertness of mind, and the sensitivity of feeling I need to handle the circumstances of my life in a way that will keep me safe and protected.

I have faith in the love and wisdom of God to protect me at all times and under all circumstances.

• *Thy faith hath saved thee; go in peace.*—LUKE 7:50.

# Wednesday

THE DIVINE LAW OF JUSTICE IS AT WORK IN MY AFFAIRS AND IN THE AFFAIRS OF THE WORLD, ESTABLISHING RIGHT CONDITIONS.

**B**ACK OF all appearances God's law of justice is constantly at work, equalizing, harmonizing, and establishing that which is right, good, and orderly. In times of seeming confusion and injustice in your own life or in world conditions, hold fast to this truth. Refuse to accept the belief that any person or circumstance can keep your good from you or that any group of people can obstruct the flow of God's love and justice in the world.

God's law of justice is so powerful that when you put your whole trust in him, man-made injustice ceases to conflict with it and disappears. Keep your vision steadfastly turned toward Him, acknowledge that His law is in operation in your affairs, and whatever the appearance, His justice will prevail and harmony and peace will be established. Remember that no one can take from you what rightfully belongs to you. Work with His law, let it be expressed through you, and divine justice will surely be made manifest in your life.

✦ *For Jehovah is a God of justice.*—ISA. 30:18.

# Thursday

FEBRUARY 27

I HAVE UNSHAKABLE FAITH IN THE OMNI-  
PRESENT SPIRIT OF GOD, WHICH RULES AND  
REIGNS SUPREME IN EVERY NATION, GOVERN-  
MENT, AND INDIVIDUAL.

**I**N THESE DAYS of indecision and unrest, it is so easy to be thrown off balance emotionally if our mind and heart are not centered in a realization of God's omnipresence. If we are to be about our Father's business of radiating peace and harmony, we must take the divine stand that "none of these things move me." God is the only presence and the only power despite appearances to the contrary. He is the life and intelligence that lives and breathes in and through every individual from one end of the earth to the other, and His will to express Himself as peace, love, and understanding throughout mankind, cannot be thwarted, for His will is the only will.

We need never fear, for God is in perfect control of this world. He created it, and His love is sustaining it. He is the animating principle in every individual, the unseen but presiding guest at every conference table, and the undisputed ruler of every nation.

♣ *The battle is not yours, but God's.*—II CHRON. 20:15.

## THE LOVE OF GOD UPLIFTS, COMFORTS, AND STRENGTHENS ME.

THERE IS no sorrow of the heart that God's love cannot heal. When I turn to God with all my heart I find the peace that is beyond human understanding, the strength that is greater than human strength, the faith that is stronger than human doubt.

In God there is no loss, no pain, no grief, no futility. Even if my heart cries, "All is lost!" the voice of God speaks strong within me, saying, "All is well." The courage that I feel stirring within me is God's answer to my need. The comfort and peace that I feel in my heart is His way of assuring me that all is well.

Today's sorrow will not remain. Today's failure will become tomorrow's triumph. Today's doubts will become tomorrow's Truth.

I rest today in God, trusting in Him, knowing that even though I "see in a mirror, darkly," God is blessing me now and giving me a new vision that sees beyond the seen to the unseen, a new understanding that sees beyond the known to the larger Truth of God.

✱ *Now we see in a mirror, darkly.*—I COR. 13:12.

## *We Praise and Give Thanks!*

Many years ago Charles Fillmore gave us a principle that has worked many times over for individuals, and we see it now working for the Unity Society of Practical Christianity in Kansas City. Mr. Fillmore said: "The whole creation responds to praise . . . Turn the power of praise upon whatever you wish to increase. Give thanks that it is now fulfilling your ideal. The faithful law, faithfully observed, will reward you."

As we rejoice in the success of the Temple project we praise and give thanks for the divine ideas that come forth momentarily giving assurance that the completed building, the fulfilled ideal, shall be established in lasting beauty and in far-reaching service. We remember that God is building the temple. From the divine idea or plan emanating from Him in the beginning to the completion of the building God is in this work, giving us His substance to be molded into form and sustaining us as we let ourselves be guided in each step of bringing forth the divine design. Therefore we "Enter into his gates with thanksgiving,

And into his courts with praise:

Give thanks unto him, and bless his name.

For Jehovah is good; his lovingkindness *endureth* for ever."

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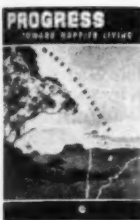
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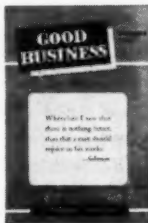
## *Do These Unity Magazines Come to Your Home?*



A cheerful, illustrated magazine of Truth for the young in heart. Filled with true-experience stories of how Truth has brought victory into everyday living for persons who faced problems such as you or a loved one might face. Regular contributors are Ernest C. Wilson, James Sweaney, and Elizabeth Barr Haas. Features include "God Is Blessing You Now" (a message from Silent Unity), treasure-map instructions, "Between the Lines," "Unfinished Business," "Jewels

and Schedules." Young people ask for PROGRESS.

The businessman or businesswoman in your family would welcome GOOD BUSINESS, a Unity magazine dedicated to helping Truth-minded people to meet situations in the workaday world in a common-sense, Truth-centered way. In addition to a number of carefully selected articles each month on timely subjects there are such features as the "Calendar of Activity" (something to live by every day of the month) and "Worth Passing On" (a digest of news about Unity).



Let these magazines come into your home; they are certain to appeal to you and to other members of your family. Each of these magazines is priced at \$1 for a year's subscription.

*Order from your local Unity center, or write direct to*

UNITY SCHOOL OF CHRISTIANITY, 917 TRACY, KANSAS CITY 6, MO.

## Let God Guide You to Your Prosperity

"Jehovah will guide thee continually," we are told in the Scriptures. In our understanding of Truth we know we can be guided to our prosperity, because God wants us to enjoy the abundance He has prepared for us. And we know that whatever prosperity God provides for us will be right and permanent; furthermore we can enjoy it because we have earned it by having the consciousness for it.

If you want to be guided to the prosperity that God wants you to have, you can find most effectual help in the Unity Prosperity Bank plan. This plan includes a daily drill in prayerful recognition of God's abundance and has proved helpful to thousands of Prosperity Bank users down through the years.

Send for a Prosperity Bank and learn more about how to receive God's guidance in your affairs, thus increasing your prosperity. Silent Unity prays with you as you use the Prosperity Bank. Part of the drill is blessing a coin each day and placing it in the Bank. The amount may be used to pay for **DAILY WORD** subscriptions for your friends.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

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The Lenten season beginning February 19 and ending April 6 is greeted by every Unity student as a time to increase his awareness of the abundant, eternal life that God has given His children. For guidance in this Lenten program Unity recommends

## Teach Us to Pray

BY CHARLES AND CORA FILLMORE

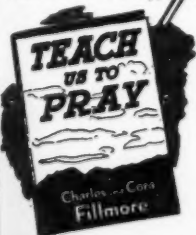
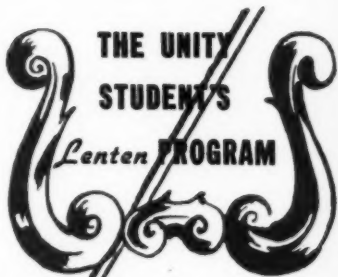
This Unity book can help you gain dominion over your world. It points the way to scientific prayer, the kind of prayer that charges your consciousness with a full realization of the power that is in you. Mr. and Mrs. Fillmore show you just how Jesus used prayer to unify Himself with God-Mind so that the words He spoke became those of the Father dwelling within Him. The clear, comprehensive discussion of prayer found in *Teach Us to Pray* can guide you through the Lenten program to recognize your dominion and can show you how to call forth the power of Spirit to help you defy and overcome things you no longer want in your life.

### The Unity Lenten Program Is for You!

You are invited to join the thousands of other Unity students in observing Lent the Unity way. You need only provide yourself with a copy of *Teach us to Pray*, and of *The Unity Lenten Program*, which is a booklet of suggestions for the constructive reading of *Teach Us to Pray*. If you already have your copy of the book, the booklet will be sent to you free upon request.

In standard binding *TEACH US TO PRAY* is priced at \$1; in the de luxe binding, at \$2.

UNITY SCHOOL OF CHRISTIANITY  
917 TRACY, KANSAS CITY 6, MISSOURI



**O** GOD of love, You are the sea and we  
are a river flowing to the sea! Who shall  
say which is the river and which is the sea?

You are a flame and we are steel tempered  
in the flame! Who shall say which is the steel  
and which is the flame?

You are fulfillment and we are desire! Who  
shall say which is the desire and which is the  
fulfillment?

You are spirit and we are flesh! Who shall  
say which is the flesh and which is the spirit?

For this is the mystery and miracle of love,  
that we are separate yet we are one! and the  
heart though it must overleap eternity, will  
find its own!

*—The Heart Will Find Its Own, Page 2.*

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